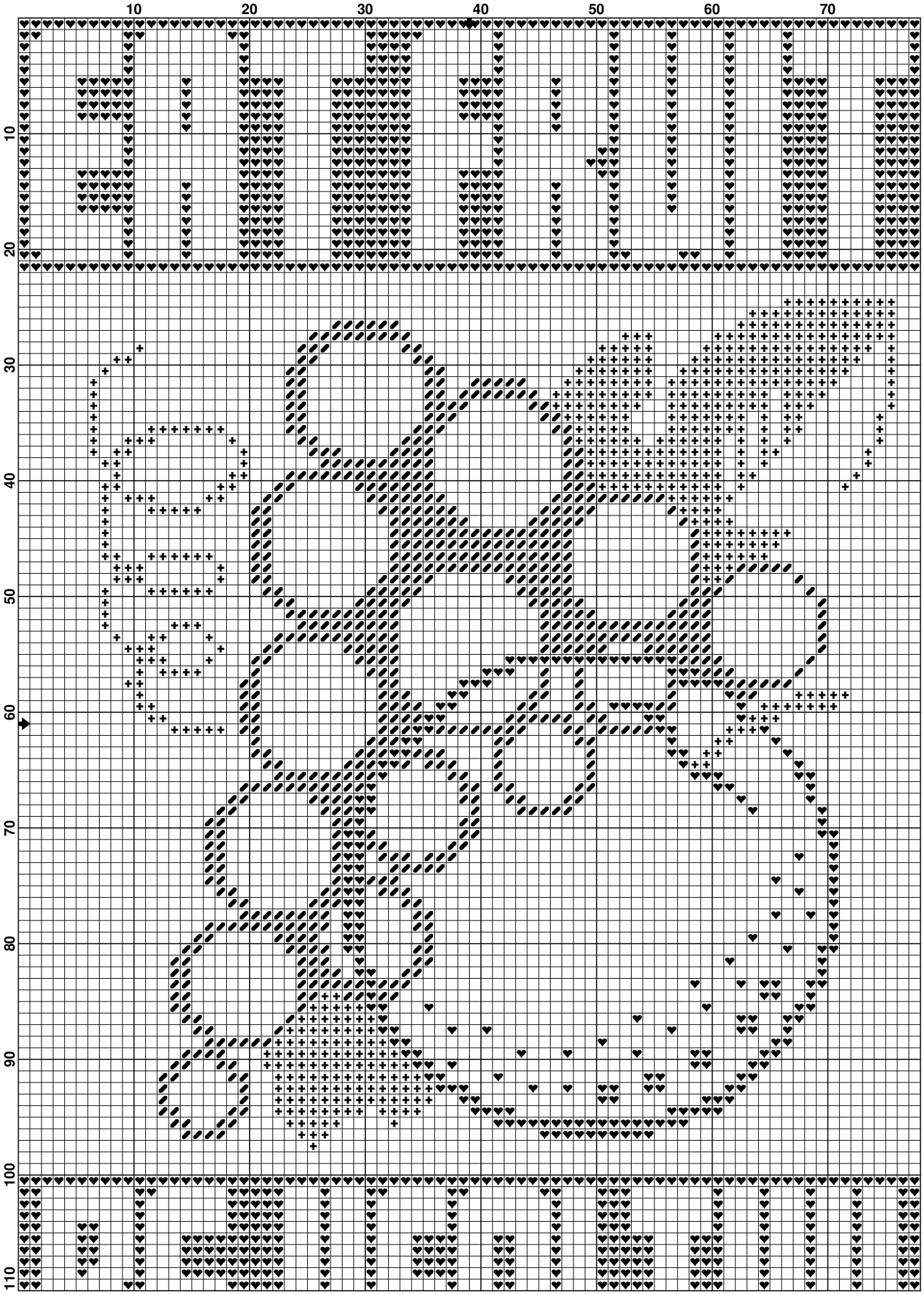

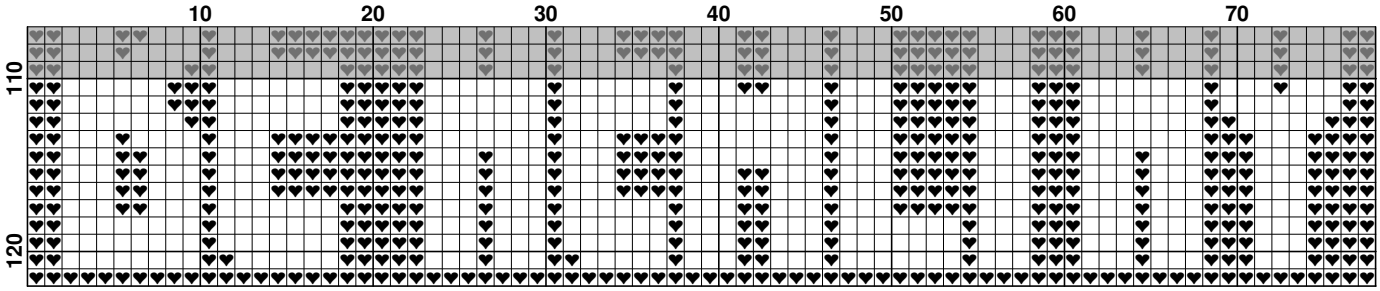
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110
120

Pattern Name: Eat Fruit Be Healthy
Designed By: Maria@Happy Stitch
Company: happy-stitch.net
Copyright: happy-stitch.net
Fabric: Aida 14, Vintage
78w X 122h Stitches
Size: 14 Count, 14.15w X 22.13h cm

Floss Used for Full Stitches:

	Symbol	Strands	Type	Number	Color
	♥	2	DMC	321	Christmas Red
	+	2	DMC	935	Avocado Green-DK
	▰	2	DMC	3834	Grape-DK

Notes:
Adapted from a vintage poster by Maria@HappyStitch